

Instructions for completing this workshop

1. Watch Rotator Cuff Introduction to Anatomy and Dysfunction: Part 1
2. Take “before” picture of your clients
3. Watch Muscle Testing video and practice
4. Watch Treatment Protocol Videos: Intro and Neck, Supine and Side-Lying, and Prone
5. Practice protocols
6. Take “after” picture of your client
7. Watch Rotator Cuff Part 2
8. Watch Rotator Cuff Prevention Strategies
9. Watch Advanced Anatomy Video
10. Watch Advanced Evaluation Video
11. Watch Dysfunction Protocol
12. Practice Dysfunction Protocol
13. Watch and practice additional protocol videos
14. Watch interviews
15. Take Exam
16. Complete survey